



# Banana Dog Treats

<b>Course</b>	Dog Treats
<b>Prep Time</b>	15 minutes
<b>Cook Time</b>	20 minutes
<b>Total Time</b>	35 minutes
<b>Servings</b>	34 treats +/- (depending on the dog cookie cutter size)

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## Equipment

- Food Processor
- Baking Sheet
- Dog Treat Cookie Cutter

## Ingredients

- 3½ cups of old-fashioned oats
- 3 over-ripe bananas
- 1 tbsp chia seeds
- ½ tsp cinnamon

## Instructions

1. Preheat the oven to 350 degrees. Line a baking sheet with parchment paper.
2. Blend the 2½ cups of oats in a food processor until it's a flour-like consistency. Place the ground oats in the large mixing bowl along with the remaining 1 cup of oats.
3. Mash the bananas very well then add to the oat mixture along with the chia seeds and cinnamon; mix until well combined. *Side Note: You may need to add more oats if the dough is too wet—you want the dough to hold together but not be sticky or wet.*
4. Roll out on a floured surface until ¼-inch thick, then using your desired cookie cutter, cut out the treat shapes, and place them on the prepared baking sheet.
5. Place into the oven to bake for 15-20 minutes, or until golden brown and crisp.
6. Remove from the oven and allow them to cool on the baking sheet for 10 minutes before moving them to a rack to finish cooling.

## Homemade Banana Dog Treat Storing Options:

1. I always store my homemade dog treats in the freezer and Grace enjoys them straight from the freezer.
2. \* Store in an airtight container at room temperature for 1 week.
  - \* Store in an airtight container in the refrigerator for 2 weeks.
  - \* Store in an airtight container in the freezer for up to two months.

